



RICEFIELD

Chinese Arts and Culture in Scotland

中国艺术和文化在苏格兰

Mid-Autumn Festival

17 September 2016

www.ricefield.org.uk

@ricefieldarts

info@ricefield.org.uk



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Workshops



Events



Food

Arts & Crafts

Performances

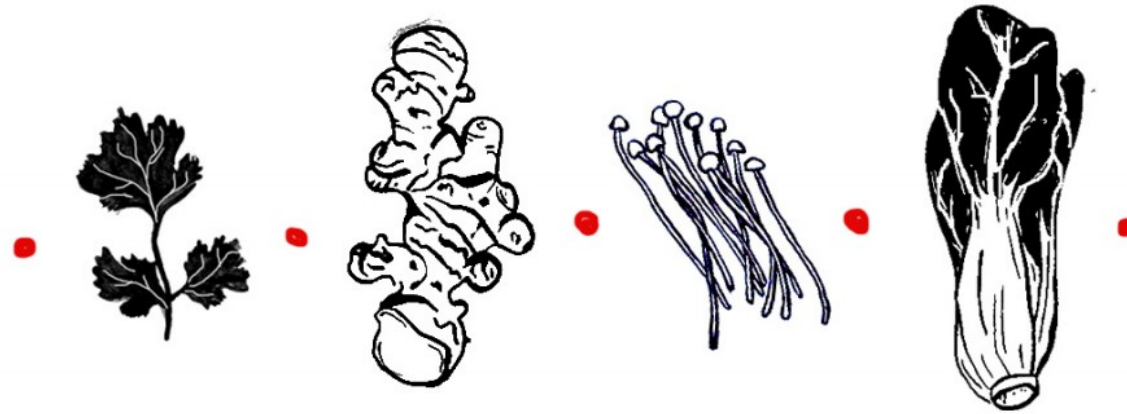


Who is Ricefield?

CCA: Centre for
Contemporary Arts



This event is part of
CCA's Cooking Pot programme



The project aims at:

Building a community of people who are passionate about food – making, sharing, eating and enjoying it together while embracing cultural exchange.

Today's Menu

Drinks Reception – Special Longan Coconut Juice Mocktail/Nibbles
龙眼椰味无酒精鸡尾酒/ 小食

To start – Chrysanthemum Crystal Jelly 菊花燕菜糕

Mid-Autumn Festival Introduction – Mooncake Tasting/ Storytelling
品尝月饼/ 中秋节故事

Chinese Tea Tasting –Oolong/ Ti Kuan Yin/ Orange Ruffle Flowering Tea
乌龙茶/铁观音/花茶

Bakery - Taro Steamed Bun/Ma Lai Gou Sponge Cake /Pandan Cake
蒸芋头包/ 马来糕/班兰蛋糕

Dessert soup - Milky Bean Curd Barley Soup / Classic Red Bean Soup
腐竹糖水/ 红豆沙

To end - Oriental fruits
水果

Mid-Autumn Festival

Chinese Mid-Autumn Festival

September 2016
15 Lunar calendar Month 8 Day 15

Chinese: 中秋节 Zhōngqiūjié
History: over 3,000 years
Date: falls in September/October

Celebration Activities:

- Eating a reunion dinner
- Playing with lanterns
- Worshiping the moon
- Flying lanterns

Popular Foods:

- Mooncake
- Pumpkin
- Pomelo
- Duck
- Wine with flowers

What are mooncakes made of?

- wheat flour pastry
- fillings: nuts, red beans, lotus seeds, fruits, egg, etc.

Designed by: Cullen Chen

Annual Mid-Autumn Festival, a harvest celebration that falls on the 15th day of the eighth month of the Chinese lunar calendar.

Mid-Autumn Festival



Celebrated in China, Hong Kong, Singapore, Vietnam, Taiwan and neighbouring countries and it honours the full moon as a symbol of peace, prosperity and family reunion.

History



The celebration dates back more than 3,000 years to the Shang Dynasty (1600 to 1046 BC), when emperors worshipped the moon in the autumn because they thought it would lead to a bountiful harvest.

Mooncake



Mooncakes came about 650 years ago during the Yuan Dynasty. The Han people planned a huge uprising against the Mongols and succeeded by hiding slips of paper in mooncake “uprising on the night of the Mid-Autumn Festival.”



The story of Hou Yi and Chang'e

It is said that during the Mid-Autumn Festival, Chang'e and Hou Yi are reunited — which is why Mid-Autumn Festival is also an important day for families to come together.

Thoughts in the Silent Night 静夜思

By Li Bai (李白)

床前明月光

Moonlight shining through the window

疑是地上霜

Makes me wonder if there is frost on the ground

举头望明月

Looking up to see the moon

低头思故乡

Looking down I miss my hometown



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Happy Mid-Autumn Festival!

中秋快樂!

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